



# Falsetto/Pitch

## Goal

- ✳ To improve elevation of the larynx
- ✳ Recruit base of tongue
- ✳ Recruit pharyngeal muscle

## Objective

Patient will produce | ee | sound in continuous fashion and increases his/her pitch until he/she reaches the falsetto and to hold it there for 5 seconds, 10x/day for 8 weeks.

## Therapeutic Procedure Steps

- 1) Take deep breath
- 2) Produce |ee| sound in continuous fashion and increase the pitch until your reach the highest pitch (the falsetto)
- 3) Hold it there for 5 seconds
- 4) Repeat it 10 times

